

University of California
Agriculture and Natural Resources
Making a Difference for California



Santa Cruz County 4-H
Green Sheets Newsletter

December 2011



**PROJECT G.O.A.L.
Go Out And Learn!
February 4th, 2011**



Calling all youth ages 10-19!

The Santa Cruz County All Stars would like to invite you to a new and exciting event called GOAL Day. GOAL Day is a large scale career day. We created GOAL Day to inspire youth to peruse specific attainable goals. When you attend you will get to meet 30+ professionals representing a variety of careers and many other youth that share similar interests to yours! Goal Day will include eight 15 minute career sessions, a key note speaker, lunch at minimal cost and the opportunity to speak with professionals one on one.

**From 10 am until 3:30 pm on February the 4th 2012.
GOAL Day will be hosted at the Gateway Bible Church at
5000 Granite Creek Road Scotts Valley Ca.**

Lunch is included in this time

Youth from Santa Cruz, San Benito, Monterey and Santa Clara will be invited,
we hope to see you there!

**If you have any questions or would like to RSVP please contact Edee Wildman, at
mr.ed.rocks@comcast.net**

County Updates:

Snow Camp 2012 *Forms due this month!*

Come join us for a fun weekend of Skiing, Snowboarding, sledding and hot apple cider by the fire.

When: President's weekend February 17-20, 2012

Where: Camp Sylvester, Pinecrest, CA (www.campsylvester.org)

See page **6 & 7** for more information

Mission Statement for the California 4-H Youth Development Program

"The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development."



Leader Information:

Events

36th Annual Agricultural and Environmental Sciences Field Day March 3rd, 2011

The University of California, Davis College of Agricultural and Environmental Sciences will hold its **36th Annual Agricultural and Environmental Sciences Field Day on March 3rd, 2011**. The UC Davis CA&ES Field Day is the 2012 California 4-H State Qualifier for Poultry, Dairy and Livestock judging. To register, go to <http://www.calaged.org/registration>. Select the event (2012 U.C. Davis Agricultural & Environmental Sciences Field Day). Choose the link "Get Access Code". Complete the information on the form and click the register button. Please include 4-H next to your club name on the registration form. On the following page save the registration code and register later or simply continue with the registration at this point. Note that you may only register once so be prepared to complete the registration or contact us if you have any changes. After your chapter is registered, we request that you submit a printed copy of your online registration along with your payment. Checks should be made payable to "UC Regents" and mailed to:

Attn: Francesca Ross
College of Agricultural & Environmental Sciences
One Shields Avenue
Davis, CA 95616

Deadlines:

November 14: Registration opened

February 10: Agriscience Fair and Job Interview materials due

February 10: Registration closed

February 17: Payments must be postmarked – We are now enforcing a \$25 late fee for payments postmarked after the 17th. For questions email field-day@ucdavis.edu or visit <http://caes.ucdavis.edu/fieldday>.

Conferences

2012 California 4-H Camping Conference March 23 – 25th, 2012

Camp Campbell in Boulder Creek, CA
There will be hands-on training for adult and teen leaders who help plan and administer 4-H camping programs. More details will follow in the next edition of Updates.

"Shooting Sports Leaders - Mark Your Calendars!" A **State Shooting Sports Leader Meeting** will be held **April 28 & 29, 2012** at the Oakdale Sportsman's Club in Stanislaus County. There will be hands-on sampler sessions for adult and teen leaders as well as updates on policies and programs. More details will be provided in the next edition of Updates.

Santa Cruz County Archery Leader's Only



National 4-H

Power of YOUTH News:

[Arkansas Youth Open Food Pantry](#)

Members of Arkansas' Southside 4-H Club took the issue of hunger head-on this month by opening a food pantry in Independence County to serve fellow classmates and local families.



View full article at: www.4-H.org



4-H Member Opportunities:

Presentation Day

Preparing for your **county** and **sectional/regional 2012 4-H Presentation Day?**

The 2012 impromptu topics are available at <http://www.ca4h.org/files/72298.pdf>

The 2012 Senior and Intermediate problem solving presentation fact sets are available at <http://www.ca4h.org/Programs/Events/SFD/PD/>

Problem Solving presentations allow the member to select a position on an issue and develop a presentation defend that position. There is NOT pre-qualification required to enter this category at the State 4-H Presentation Day (i.e., a gold medal at a sectional competition is not required to enter the Problem Solving category).

The 2012 special recognition opportunities available at http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/

Members focusing their presentation on one of these themes will earn a special pin at the State 4-H Presentation Day! The theme is **renewable energy**, the healthy living theme is **healthy foods**, and the citizenship theme **speak out for military kids**. For questions, contact Steven Worker at smworker@ucdavis.edu.

Please see page 5 for more information.

Council

The 4-H Council of Santa Cruz County meets on the Third Thursdays of the month, except for December, February, July & September.

The 4-H council is open to all 4-H members and 4-H leaders.

The 4-H council of Santa Cruz County would like to invite you to attend our next council meeting on Thursday January 19th, 2012, 7 pm at the Aptos Grange, 3555 Mar Vista Drive, Aptos.

*Please come and get involved in **YOUR** county 4-H program!*

Healthy Living

Activity: President's Active Lifestyle Award
Congratulations California 4-H! With 146 members participating in the President's Active Lifestyle Award (PALA) Challenge, California 4-H represented the largest group of 4-H members nationwide! Did you miss out? It's not too late to start the challenge! Visit www.presidentschallenge.org/natl4-H to join.

Activity: No BULL Challenge Deadline: **March 15, 2012** Students in sixth through twelfth grade are challenged to start an anti-cyberbullying campaign in their school or community, use video to document their campaign, and then submit their project to the NO BULL Challenge website. Win prizes such as a \$10,000 production deal, a trip to the Sundance Film Festival, scholarships and much more! Visit nobull.votigo.com for more information.

4-H MyPlate Challenge at 2012 State 4-H Field Day

The U.S. Department of Agriculture (USDA) recently unveiled the federal government's new food icon, MyPlate, to serve as a reminder to help consumers make healthier food choices. 4-H is challenging you to show how you're making YOUR plate MyPlate. We invite you to submit a photograph illustrating how you're creating healthy meals using MyPlate as a guide. 4-H members do not need to pre-qualify at a county event. More details about this new contest will be released in January as part of the 2012 Field Day packet.

Fooducate Mobile App

This application has a bar-code scanning feature that can be used to view the nutritional value of foods. 4-H food, nutrition or cooking projects will benefit from understanding more about common foods, including their nutritional value, trans fats and added sugar. The app can also compare two items, and offer healthier alternatives from its database. Visit www.fooducate.com for more information.



4-H Member Opportunities Continued:

Citizenship & Travel

2012 Citizenship Focus Program

Are you ready for **California or Washington Focus**? Get ready for a fun, active way to enhance your leadership and civic engagement skills while you meet other 4-H members from across the state and nation? Enrollment for the 2012 summer program is due **January 16** so check with your county office to see when they will need your registration form (4-H Staff will register delegates on-line through the ANR Portal). Financial assistance is available. Contact Pat English at: pnenglish@ucdavis.edu or go on-line to: <http://www.ca4h.org/Projects/Citizenship/Focus/>

California Focus, June 15 – 19 in Sacramento
Washington Focus #1

June 24 – July 2, Road to Democracy - Washington, D.C.; Williamsburg, Jamestown/ Yorktown June 24 – 30, Heritage Trail I – Washington, D.C.

Washington Focus #2

July 8 – 17, Global Journey - Washington, D.C, Philadelphia, & New York

July 8 – 14, Heritage Trail II – Washington, D.C.

The 2012 **California Focus** Program is looking for young adults ages 18-25 to fill **staff positions**. For young adults who enjoy planning and carrying out educational programs for high school students, this is the place to be. District Leader staff expand their skills while they participate in a valuable civic engagement program. The application is on-line at: http://www.ca4h.org/Projects/Citizenship/Focus/CF/District_Leader_Opportunity/. The deadline for submission is **Monday, January 16, 2012**.

In 2012, California 4-H will provide an **outbound exchange to Japan**. Two programs are offered – a four week homestay program and an eight week program that includes a four week language development program and the four week homestay. Expand your world with an international exchange and increase your cultural competence skills while you have the time of your life. More information is available at:

<http://www.ca4h.org/Projects/Citizenship/International/>

Applications are due **Monday, January 16, 2012**.

(Due to budget cuts, the additional exchange opportunities to Australia, Costa Rica, Finland, and Norway

Funding

2012 GEAR-Tech-21 Camp mini-grants are now available! Participants at GEAR-Tech-21 camps learn about science, engineering, and cooperation through hands-on LEGO NXT robotics, GPS, and digital mapping activities. Mini-grants range from \$500 to \$2,000, depending upon the size of the camp program. Applications will be accepted until all funding has been awarded.

<http://4hset.unl.edu/4hdrupal/node/165>

Are you involved in service projects that focus on hunger issues? This may be the opportunity for you! 100 **Sodexo Youth Grants** of \$500 each to support projects that help to fight hunger in the local community of a youth are available. The deadline to apply is **January 17, 2012**. More information is available at <http://www.ysa.org/grants/sodexoyouth>

The **2012 AmeriCorps Grants** are available to organizations who are working with AmeriCorps members to strengthen their communities in the following areas: Disaster Services, Economic Opportunity, Education, Environmental Stewardship, Healthy Futures, and Veterans and Military Families. The deadline to apply is: **January 18, 2012**. Visit http://www.americorps.gov/for_organizations/funding/nofa_detail.asp?tbl_nofa_id=91 for more information.

The Foundation for the Preservation of Honey Bees, Inc. is sponsoring the **2012 4-H Honey Bee Essay Contest**. Entries are due electronically and must be received **on or before February 17, 2012** to Eric Mussen, ecmussen@ucdavis.edu.

Please visit <http://www.ca4h.org/files/131259.pdf> for contest rules and essay topic.



May 26, 2012
UC Davis

Special Recognition Opportunities at the 2012 State 4-H Field Day California

California 4-H offers a thematic recognition pin for youth who participate at State 4-H Presentation Day and focus their presentations on one of the following areas: Science, Engineering and Technology; Healthy Living; or Citizenship. Participants may only choose ONE focus area for their presentation, and the area must be the PRIMARY topic of the presentation. Youth must first qualify through county and sectional events in order to present at the State 4-H Presentation Day.



Focus Areas



Renewable Energy Science, Engineering, and Technology (SET): 4-H helps youth learn about the scientific process and engineering design. With the continuous rise in energy demands, decrease in available fossil fuels and the ever increasing amounts of pollution, the need for clean renewable sources of energy is more important than ever. This year's SET emphasis is on renewable energy: sunlight, wind, rain, tides, water, and geothermal heat. Presenters are encouraged to explore one or more types of renewable energy and/or relate to their impact on their home, community, state or world. For additional information on renewable energy and the 4-H SET initiative, please visit www.ca4h.org/Projects/SET/ or contact Steven Worker at: smworker@ucdavis.edu



Healthy Food Healthy Living: 4-H provides youth with opportunities that will increase the knowledge, skills and adoption of healthy habits. This year's focus area is healthy food. Potential topics may include USDA's MyPlate, serving sizes, sugar-sweetened beverages, nutrition facts labels, preparing a healthy meal on a budget, food groups, nutrients, healthy snacks, whole grains, food safety, dairy products, dietary fiber, and more. For additional information about 4-H Healthy Living, visit www.ca4h.org/Projects/HealthyLiving or contact Mandi Bottoms at: mlbottoms@ucdavis.edu



JOIN THE REVOLUTION OF RESPONSIBILITY

Military Youth The 4-H Military Partnership provides opportunities aimed at the more than 170,000 military youth who live throughout California. Speak Out for Military Kids is one of those projects. Its purpose is to generate community awareness about the special issues military youth face. 4-Hers can join the call by speaking out for military kids. Potential topics may include the deployment cycle, military youth on the move or how to help military youth in your community. For more information, visit www.ca4h.org/Programs/MilitaryPartnership or <http://joiningforces.gov> or contact Crystal O'Hara at: crohara@ucdavis.edu



Eligibility and registration

- All regular 4-H members are eligible.
- All presentation formats are eligible, except impromptu speaking and problem solving categories. View the 4-H Presentation Manual for more information on formats.
- Participants may only choose one focus area for their presentation, and the area must be the primary topic of the presentation.
- Only members who receive a gold seal at a sectional event and compete at the State 4-H Presentation Day are eligible for special recognition.
- Members may give only one presentation at the State 4-H Presentation Day, in addition to one "Share the Fun" entry.
- 4-H members must select a focus area when submitting the State Presentation Day registration to be eligible for special recognition.

Santa Cruz County 4-H Snow camp

Join 4-H'ers from all over Santa Cruz County on February 17-20, 2012, at Snow Camp. Snow Camp is a semi-structured, family-oriented winter camp. Spend the weekend at Camp Sylvester in Pinecrest, just three miles from Dodge Ridge. Have breakfast and pack a lunch in the heated mess hall at camp before you take advantage of daytime activities on your own: ski and snowboard at Dodge Ridge; ice skate at Long Barn, sled at nearby hills or build the perfect snowman or sled run across the street from camp, play board games and cards in the mess hall. Come back to camp for hot cocoa, dinner and evening activities. Enjoy the heated cabins and hot showers, too! Camp chores will include kitchen help, restroom, cabin and common area cleanup. Chores will be assigned by cabin.

All 4-H members must be accompanied by a parent or other adult. All adults MUST have attended 4-H Leader Orientation, be properly enrolled in the 4-H Program and have been fingerprinted at least 1 month prior to attending Snow Camp.

Cost of Snow Camp is \$100 per person, 9 years and older, \$80 per person ages 5-8
Deadline for registration is Friday, January 20, 2012.

We encourage each person to bring a box of hot cocoa or cider packets and a package of cookies to share. We'll have hot water for beverages going all day. Camp does not provide linens or bedding – make sure to bring sleeping bags, pillows and towels.

Fill out the registration form, 4-H medical release and 4-H Code of Conduct and send it, with your registration fees, to Snow Camp 2012, c/o Felton 4-H, 300 Moon Meadow Lane, Felton, CA 95018. 4-H registration forms are available at <http://www.ca4h.org/Resources/Publications/> under 4-H Enrollment Forms.

See you there! Call John Detke (831) 335-1285 for more information.

Directions: www.campsylvester.org

580 East towards Stockton

I-205 East towards Tracy/Stockton

Merge onto I-5 North then merge 120 East toward Sonora/Manteca.

Merge onto I-99 North toward Sacramento, exit onto East Yosemite/120 East

Take 120 East toward Sonora in Manteca (stay with 120 through Escalon to Oakdale)

In Oakdale, turn left to 108 East (stay with 108 East through Sonora to Pinecrest)

Camp Sylvester/Dodge Ridge is located 30 miles east of Sonora

Turn Right off Highway 108 to Pinecrest, then onto Dodge Ridge Road and you are there

Camp Sylvester is on the left hand side. If you reach Dodge Ridge Ski Resort – you've gone too far!!





Santa Cruz County 4-H Family Snow Camp

February 17-20, 2012

Registration due by Friday, January 20, 2012

Additional forms and information can be found at:

[http://cesantacruz.ucdavis.edu/Youth_Development/Camps - Conferences/](http://cesantacruz.ucdavis.edu/Youth_Development/Camps_-_Conferences/)

Name:		Club:	
Address:		Home Phone:	
		Cell Phone:	
Email:			
Emergency Contact:		Phone:	

Family Registration				
Name	Gender	A/M/P*	Special Needs*	Cost*

*A/M/P: Please indicate one: Adult (over 19) Member (9-19) Primary (5-9)

*Special Needs: Indicate any diet, medical or other needs

*Cost: \$100.00 per adult or member; \$80.00 per primary member

No late registrations will be accepted.

Cost Includes: Three nights lodging at Camp Sylvester, Pinecrest, February 17-20, 2012

Breakfast, lunch and dinner on Saturday and Sunday

Breakfast on Monday; kitchen is available for use Friday night

Check in: 5:00pm -10:00 pm Friday, February 17, 2012;

Check out: 10:00 am Monday, February 20, 2012

Campers are each requested to bring a box of hot cocoa or cider packets and a package of cookies to share.

Camp does not provide linens or bedding - make sure to bring sleeping bags, pillows and towels.

Attendance at snow camp is a privilege. All Adult Members must have attended leader orientation and have been fingerprinted prior to attending camp. Members **MUST** be in good standing in their clubs and **MUST** abide by the 4-H Code of Conduct while at Family Snow Camp.

Please make checks payable to: **Santa Cruz County 4-H Snow Camp**

Mail Registration form by January 20 to:

Family Snow Camp 2012
c/o Felton 4-H
300 Moon Meadow Lane
Felton, CA 95018

Questions? Call John Detke or email: jdetke@yahoo.com

Club Reports

Corralitos 4-H

By Cory Margo, Reporter

December 2011

Corralitos 4H will be busy with several community service activities this December. First, we will be organizing a "Toys for Tots" collection and partnering with Corralitos Cal-Fire, in which each club member brings one toy for a child their own age. We create a huge "fire brigade" line, passing all the toys down into the Cal-Fire truck at the end.

Our next community service event will be the KSBW "Share Your Holiday" donation and food drive. Our club will be donating canned food and money for needy families in the local area. The club members voted to donate the entire prize money won by the club's County Fair feature booth.

And finally, we will be decorating not one, but three holiday trees this year. One tree is for the Corralitos Padres Community Center. The second tree will be decorated for the Festival of Lights and donated to a needy family in the community. We will also be decorating an outdoor community tree about 40 feet tall in the center of Corralitos. Following this, we will have our club Christmas party with pizza, games, and a championship round of musical chairs! That's all we will be doing at Corralitos 4H. Have a good Thanksgiving and Christmas!

Felton 4-H December Community Service

By Michaela Crill, Reporter

December is always a big month for Felton 4-H's community service. One of our favorite venues is the Rebele Family Homeless Shelter. This year, several members from our club visited the shelter twice to help with holiday festivities. On November 18th, we arrived to make place mats along side the children who lived there. We created, designed, and set up many decorations, all while learning about and encouraging the kids.

On December 13th, nearly the entire club marched through several neighborhoods in Ben Lomond right alongside a fire engine from the Ben Lomond Fire Department. At every lit house, the entire company stopped and sang a classic Christmas carol, before asking for a donation of canned goods for Valley Churches United. It was a great turnout, we collected hundreds of pounds of food!

During one Craft Project meeting, Felton 4-H members decorated small gift bags to give to senior shut-ins. Using pens, stamps, and stickers, the younger members happily channeled their creativity to serve their community. We decorated 50 bags to fill with yummy cookies. We also wrapped and decorated boxes in which to deliver goodies.

For the second year in a row, Felton 4-H used a scavenger hunt game in which kids were invited to search their local area for items to be given to the kids at Rebele Family Shelter. The list contained 100 individual items to collect. A carload of stuff was delivered to the shelter with the Landes family collecting the most items!

On Christmas Eve, some of the animal-loving 4-Hers brought their pets to the Rebele Family Homeless Shelter to put on a petting zoo for the children there. We brought along a reindeer (a pony dressed up with tassels, ribbons, and soft felt horns), a bunny, a baby goat, and several tame chickens. The kids had a blast playing with all the animals and riding the pony, and we can't wait to go back next year!

Club report submissions are due by the third Thursday of the month to the 4-H office (or at the 4-H council meeting that month). There are various ways a 4-Her can submit a report for publishing. You can email your report in to the 4-H Program Representative at sfontana@ucdavis.edu, mail to 1432 Freedom Blvd Watsonville, CA 95076 or Fax 763-8006.



JANUARY 2012



SUN	MON	TUE	WED	THU	FRI	SAT
1	2 New Years Office Closed	3	4	5	6	7
8	9	10	11	12	13	14
15	16 MLK Day Office Close	17	18	19 4-H Council Aptos Grange 7pm	20 Snow Camp Form Due	21
22	23	24	25	26	27	28
29	30	31			LCORT 27-29 Sanger, CA	
LCORT						

Upcoming 4-H Events & Deadlines

February 2012

No County Council Meeting

TBA Co. Presentation Day Applications due
16 Newsletter articles due

17-20 Snow Camp

20 Presidents Holiday - Office Closed

March 2012

15 County Council Meeting

15 Newsletter articles due
15 Club Level Bronze Medal Apps due to 4-H
Office

County Presentation Day

TBA Sectional Presentation Day info due
4-H Office

TBA Medal/Scholarship/All Star Interviews

4-H Youth Development Staff

Lynn Schmitt-McQuitty: Youth Development
Advisor lschmittmcquitty@ucdavis.edu

Stephanie Fontana: 4-H Program Representative
sfontana@ucdavis.edu

Hours: Wednesday: 8am-12pm, 1pm-5pm
Thursday: 8am-12pm, 1pm-5pm

*Please call the office prior to your visit to check schedule
changes that may occur*

4-H Council Officers

President: Robin Turnquist

Vice President: Stephanie Hedgpeth-Lopes

Secretary: Autumn Bushard

Treasurer: Randy Turnquist

The Green Sheets is the newsletter of the University of
California Cooperative Extension Santa Cruz County 4-H
Youth Development Program.

Deadline for newsletter articles:

Third Thursday of every month to the 4-H Office



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