

University of California Cooperative Extension

Santa Cruz County 4-H Youth Development Program



The 4-H Green Sheets

1432 Freedom Blvd, Watsonville, CA 95076-2741

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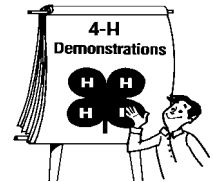
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January 2007

County Presentation Day

Start sharpening up your presentation skills. 4-H Presentation Day will be held Saturday, March 3rd at the Corralitos Community Center, 33 Browns Valley Road in Corralitos. Registration will begin at 9:30 AM with presentations starting at 10 AM.



What is Presentation Day?

Presentation Day is one of the most important learning experiences in which a 4-H member can participate, and it's a lot of fun too! It provides an opportunity for members to demonstrate a prepared presentation in any area. Members are strongly encouraged to relate the presentation to their current 4-H project work or 4-H activities. All members from 5-19 years can participate in Presentation Day. Members Kindergarten to 3rd grade, or 5-8 years of age, will receive participation certificates only. Members 4th grade and up, or 9 years of age prior to January 1st, are judged using the Danish System of Judging (Gold, Blue and Red). Everyone participating will receive comment sheets from the judges to help them improve their presentation skills. Members who are awarded a Gold Medal may elect to continue to Sectional Presentation Day and if a Gold Medal is awarded at Sectional they may advance to the State Level which is held in May at the University of California, Davis.

What are the Categories?

This year there are many fun and educational categories of presentations in which you may compete:

- **Demonstrations and Illustrated Talks** (A Demonstration uses the "show how" method to teach a skill. An Illustrated Talk uses models or other visual aids to teach something.)
- **Scientific Demonstration and Illustrated Talks** (This type of demonstration uses scientific steps to solve problems. School assignments or science fair projects are not appropriate for this category.)
- **Educational Display** (This is an organized visual presentation of a program (or a concept). The category is not a science fair project, collection or project exhibit.)
- **Prepared Speech** (The purpose is to persuade, inform or educate the audience on a single topic or issue. Notes may be used if they do not detract from the speech.)
- **Impromptu Speech** (Pre-announced topics are randomly drawn and the member has 3 minutes to develop a 5 minute maximum speech.)
- **Interpretive Reading** (Any published written work that is appropriate may be used. No costumes are allowed. Time limit is 5 minutes. Political and religious material is not appropriate.)
- **Cultural Arts** (This is an individual or group performance of dance, costumed dramatic reading, musical, dance or other performing arts.)
- **Share the Fun** (You may compete in this category in addition to one of the above. This is a group skit or presentation that focuses on health, safety, community pride, recreation, citizenship or another 4-H project or activity. Time limit is 15 minutes.)
- **Audio-Visual Presentations** (Any informational or instructional programs presented with slides, video, or digital representations. This can be a team of 2 or done as an individual. Time 5-10 minutes.)
- **Problem Solving Presentations** (Uses a prepared fact pattern as the basis for developing an action plan. It can be one or two people. Time 5-10 minutes.)

Registration forms are available on page 5 of this newsletter. Forms are due to the 4-H Office by Thursday, February 15, 2007.

Room Monitors

For members in the 7th grade or above there are opportunities to serve as room monitors. Duties include introducing presenters, monitoring the door, assisting presenters if needed, making sure the room is quiet and free from disruptions, etc. There will be an orientation held on Presentation Day morning starting at 9 a.m. If interested, contact Heather at the 4-H Office by February 15, 2007.

Mission Statement for the California 4-H Youth Development Program

"The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development."



New Leader Orientations

This Fall the 4-H Office will be conducting New Leader Orientations. Adults interested in becoming a 4-H volunteer leader **or attending Snow Camp** must complete the certification process. This includes filling out an adult leader application, attending orientation and completing the livescan fingerprint process.

These are the following dates for Orientation:

- Monday, January 8th – 6:30 PM – UCCE Auditorium in Watsonville
RSVP by January 3rd
- Monday, January 22nd – 1:00 PM – UCCE Auditorium in Watsonville
RSVP by January 17th
- Monday, January 29th - 6:30 PM - UCCE Auditorium in Watsonville
RSVP by January 24th

Please RSVP to Heather at the 4-H Office, 763-8015, by dates shown above. **If there are no RSVPs for a specific date the orientation will be cancelled.**



Santa Cruz County 4-H Family Snow Camp

Join 4-H families from all over Santa Cruz County on February 16-19, 2007, at Family Snow Camp. Snow Camp is a semi-structured, family-oriented winter camp. Spend the weekend at Camp Sylvester in Pinecrest, just three miles from Dodge Ridge.

All adults MUST BE certified volunteer leaders to attend Snow Camp. Prior to Snow Camp, they need to have completed a volunteer leader application, attended 4-H Leader Orientation and completed the Live Scan process. All 4-H members must be accompanied by their parent/guardian. Cost of Snow Camp is \$90 per person, 9 years and older, \$75 per person under 9. Please make checks payable to Santa Cruz County 4-H Club Council. **The deadline for registration is Thursday, January 25, 2007.** Registration forms are available on the Santa Cruz County 4-H website, <http://cesantacruz.ucdavis.edu> under Santa Cruz County 4-H Events. Fill out the registration form, 4-H medical release (one for each person attending) and 4-H Code of Conduct and send it, with your registration fees, to Snow Camp 2007, c/o Felton 4-H, 110 Locust Street, Ben Lomond, CA 95005. If you have any questions, please call (336-0694) or email Karen Luera at karenuke@pacbell.net for more information.

Club Treasurer Workshop

There will be a workshop for club treasurers on Wednesday, January 31st beginning at 7:00 PM at the 4-H Auditorium, 1432 Freedom Blvd in Watsonville. Treasurers will learn how to: receive cash and other payments, deposit and record money, write a check and complete a bank register, reconcile a bank statement, prepare reports and prepare treasurer book.



All club treasurers are ***strongly encouraged*** to attend this workshop. A parent or adult volunteer assisting the treasurer are also encouraged to attend. Please RSVP to Heather at the 4-H Office, 763-8015, by **Wednesday, January 24, 2007.**

A Banner of a Project!

The UCCE Auditorium (where the 4-H County Council meetings are typically held) needs some colorful 4-H Banners for decoration. Would each club please make a banner representing their club?

The only requirements are as follows:

1. Your club's name should be plainly visible.
2. The banner should be made of felt, but any color(s), and can be adorned with any long-lasting, durable materials.
3. The size must be an upright rectangle 31 inches tall and 23 inches wide, with two 3 inch looped tabs at the top for a 3/4 inch dowel hanger.

This would be a great project for your club's sewing or crafts group. Be creative! Have fun! As an added incentive, the first project group to get their club's banner to Heather at the 4-H Office will receive a gift certificate to their favorite pizza spot! Call Becky Steinbruner at 685-2915 with questions.

County Council Meeting Location

The Council meetings from January through March will be held at **Aptos Grange, 2555 Mar Vista Drive in Aptos beginning at 7:00PM.**





OLDER YOUTH OPPORTUNITIES

Scholarships - California 4-H Youth Development Program Statewide Scholarships

The California 4-H Youth Development Program is committed to promoting higher education. Statewide scholarships are designed for graduating high school and collegiate-age 4-H members to help fund educational expenses such as tuition, books, room and board, and other educational expenses.

- **Dean Memorial Legacy Scholarship**
Award: Three, \$1,000 scholarships are available
- **Mabel W. Jacks Scholarship**
Award: Five, \$700 scholarships are available
- **Samarin Family Vocational Education Scholarship**
Award: One, \$1,000 scholarship is available
- **American Society of Farm Managers and Rural Appraisers (ASFMRA) Agricultural Scholarship**
Award: Two, \$1,000 scholarships to attend a four-year university in California.
One, \$250 scholarship to attend a two-year community college in California.

Please check the State 4-H Website for eligibility, application requirements and applications, <http://ca4h.org/4hresource/ir/index.asp>. Applications must be postmarked by **April 30, 2007** and sent to the California State 4-H Office. All required information must be included to be eligible for consideration. Please contact the 4-H Office for more information.

2007-2008 California State Ambassador

The California 4-H State Ambassador Program is a working honor that provides 4-H members expanded opportunities to serve the California 4-H Youth Development Program. 4-H State Ambassador is one of the highest service opportunities and recognition attainable in the California 4-H Youth Development Program. 4-H State Ambassadors and 4-H State Ambassador Advisors will be selected in order to:

- * Support the Mission and direction of the University of California 4-H YD Program
- * Support various local, sectional and statewide programs and activities; including public presentations, leadership development opportunities and community service
- * Assist in the introduction of innovative programming through a Service Project
- * Provide leadership in the development of the 4-H State Leadership Conference
- * Recognize and reward outstanding accomplishments within the area of leadership

4-H State Ambassador are youth who have excelled in the areas of leadership and community service, and have been selected to serve the California State 4-H Youth Development Program in roles that promote leadership through education and service. 4-H State Ambassador Advisors are adult volunteers who are experienced in working with older youth in the areas of leadership and community service.

Term:

4-H State Ambassadors are expected to make a 14-month commitment to the program beginning at the Orientation, July 7-9, 2006 and ending August 31, 2007. 4-H State Ambassadors may only serve one term.

Eligibility Requirements:

- Youth:** 4-H State Ambassador candidates must have completed at least one year as a California 4-H Youth Development Program member, and be at least 16 years of age as of January 1, 2007, yet no older than 18 as of December 31, 2007.
- Adult:** 4-H State Ambassador Advisor candidates must be a 4-H volunteer leader with at least one year of experience in facilitating and challenging teens in the duties associated with being a 4-H State Ambassador. Adult advisors must be at least 21 years of age. Preference will be given to those not related to any current 4-H State Ambassador youth candidate.

Applications are available at the 4-H Office and the State 4-H Office website at <http://ca4h.org/leadership/ambassador/index.asp>. They are due to the State 4-H website by **March 31, 2007**.



Presenters wanted for State Leadership Conference

The planning committee for the State Leadership Conference is looking for workshop presenters. The conference - "4-H wants YOUth: Laughing, Learning, Living, and Loving" - will provide over 500 high school aged youth and adult 4-H volunteers with an opportunity to engage in hands on learning experiences while developing leadership and social skills. Delegates will have an opportunity to learn the challenges and responsibilities of being a leader and the importance of leadership in every day life. Along with social development and the university experience, the educational presentation is an integral part of this conference. Presentations address many subject areas, but all embody the University of California 4-H Youth Development Program mission of providing education in the areas of citizenship, leadership, and life skills.



Tracks, mini tracks, and workshops should emphasize skills and knowledge that delegates can take home to use and share in their 4-H Clubs, communities, and everyday lives. Tracks are five hours in length and mini tracks are two and a half hours in length. Workshops are an hour and fifteen minutes in length and may be presented one to three times.

Educational Presentation Proposal forms can be found on the State 4-H website at <http://ca4h.org/conference/slc/index.asp>. Completed forms must be returned to the California State 4-H Office by **March 2, 2007**. Confirmation letters will be sent to presenters on or before March 27, 2007.

Wanted: Kids (and grown-ups) who want to teach about farm animals

Quail Hollow Ranch County Park is looking for people who like working with and teaching others about farm animals. We are in the process of developing a one-day farm animal interpretive program to be offered to the general public, focusing on the biology and care of animals like chickens, goats, pigs, cows, horses and other domestic animals.

This is an opportunity for the public to learn more about these farm animals – ideally with a chance to pet and/or handle them – as well as about the 4-H organization. It is also a chance to show off your animals and your knowledge of them while helping to interpret the cultural history of the park and add to park programs. If you are interested in learning more about this interpretive opportunity contact Lee Summers, park naturalist, at 335-9348 or at prc120@scparks.com.

The Homeless Garden Project - Cultivating Community

The Homeless Garden Project would like to invite you to get youth involved in experiencing the outdoors and the virtues of organic foods. Cultivating Community is a program developed for youth (primarily ages 12-18) with the intention of educating and engaging them in topics of agriculture and nutrition, as well as outdoor activities. All programs are held on location at our 2.5 acre organic Natural Bridges Farm on the westside of Santa Cruz. Youth groups can come for a 2-3 hour visit which includes an educational discussion (covering topics from composting to harvesting - season specific), experiential, hands-on learning pertinent to the discussion and an opportunity to harvest and eat fresh, organic produce.

For more information contact, Layla Aguilar, Outreach Coordinator at 426-3609 or visit their website at www.homelessgardenproject.org.

State 4-H Equine Field Day at CSU Fresno

The State 4-H Equine Education Advisory Committee invites all 4-H horse leaders, members and parents to the State 4-H Equine Field Day on Saturday, March 17th at the Animal Science Pavilion at California State University, Fresno beginning at 8:30 AM. A day of educational workshops is being planned. Tentative topics include demonstrations about dressage; teaching your horse to drive; drill team; and reining. Clinics about showmanship, grooming your horse for show, show attire for you, fitting saddles, gymkhana, driving, and trail are being planned. Invited clinicians will share their knowledge of equine training and developing a partnership with your horse. Participants can also learn about the 4-H educational competitive events i.e. hippology, horse bowl and horse judging and how to implement these events in their county to promote and prepare for state & national competition. Participants will be able to attend 5 different one-hour workshops.

Pre-registration is due March 1, 2007. The cost for the day is \$20 per participant. There is a group rate of \$15 each for 10 or more. The cost at the door will be \$25. Pre-paid boxed lunches will be available for \$10 each. A morning concession stand will be available. Go to the statewide 4-H web site at <http://ca4h.org> and click on statewide 4-H calendar and the March 17 date for registration information or contact your local 4-H office. Event contact is Jeanne George, State 4-H Equine Advisor at 530-527-3101 or jlgeorge@ucdavis.edu.



Santa Cruz County 4-H Presentation Day Saturday, March 3, 2007 – Corralitos Community Center

Registration Form

Club: _____
 Name: _____ Age: _____ Yrs in project: _____
 Address: _____ City: _____ Zip: _____
 Phone: (____) _____ E-mail: _____

Category: ___ Primary (5-8 years old) ___ Junior (Grades 4- 5)
 ___ Intermediate (Grades 6- 8) ___ Senior (Grades 9-12)

Type of Presentation:

- Demonstrations** (Team/Individual presentation. Demonstrations use the "show how" method to teach a skill.)
- Illustrated Talks** (Team/Individual presentation. Illustrated Talks use models or other visual aids to teach something.)
- Scientific Demonstration and Illustrated Talks** (Team/Individual presentation. Uses scientific steps to solve problems. School assignments or science fair projects are not appropriate for this category.)
- Educational Display** (Team/Individual presentation. An organized visual presentation of a program or a concept. This category is not a science fair project, collection or project exhibit.)
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- Audio-Visual Presentations** (Team/Individual presentation. Any informational or instructional programs presented with slides, video, or digital representations. This can be a team of 2 or done as an individual. ***Presenters must provide all of their own equipment.*** Time 5-10 minutes.)
- Problem Solving Presentations** (Uses a prepared fact pattern as the basis for developing an action plan. Can be one or two people. Time 5-10 minutes.)

Presentation Title: _____

If a team or group presentation, list others, attach list if necessary:

Name(s) _____

Does your presentation need to be done outside? ___ Yes ___ No
 Are you presenting more than one presentation? ___ Yes ___ No
 Will you be using audio/visual i.e. computer, slides, other? ___ Yes ___ No

If yes, please list: _____

Special Needs? _____

Return to the 4-H Office, 1432 Freedom Blvd., Watsonville, CA 95076 Fax: (831) 763-8006
Due to 4-H Office by Thursday, February 15, 2007



Leadership Skills You Never Outgrow

According to the Merriam-Webster Dictionary, Leadership is defined as: *noun*, 1. *The office or position of a leader.* 2. *The capacity to lead.* 3. *The act or an instance of leading.* In the 4-H Youth Development Program we talk a lot about leadership, but what are the components of a successful leader?

Based on the University of Illinois Cooperative Extension Service curriculum *Leadership Skills You Never Outgrow* (1987), leadership is broken down into seven distinct skills:

- | | |
|------------------------------|---------------------------|
| 1. Understanding self | 2. Communicating |
| 3. Getting along with others | 4. Learning ways to learn |
| 5. Making decisions | 6. Managing |
| 7. Working with groups | |

6. Managing: Choosing and using things available to get the things you want. This involves identifying resources, and using those resources effectively.

Management skills are discussed everyday in many situations – whether in industry, on the farm or at home. Low profits, poor employee morale and high consumer debts are often attributes to the lack of management skills. In business, management skills are so important to the leaders that the terms “manager” and “leader” are often interchanged. However, there’s more to leadership than just managing. Management requires several of the other leadership skills as well.

Management involves deciding what you want to accomplish, taking stock of what you have that can help you reach your goals and putting together a plan of action to use those resources to achieve your objective.

Managing Activity: Ideas for Management

Set-up: Discuss the following ideas about personal resources with your group. There are five resources within you that help you get the things you want, and these resources are what make you unique.

Go power is physical energy.

Brain power is one’s ability to think, reason, remember, read, listen, learn and communicate ideas.

Physical skills are the abilities to do things that require body movement or coordination of body movements.

Attitudes reflect beliefs about people and things.

Talents are uncommon abilities for a special activity.

Activity: Provide each person with a sheet of poster paper and items to use to decorate. Have each design a poster that clearly shows how they possess each of these five resources and how they use them in management. Once everyone has completed their posters, ask for volunteers to share with the rest of the group.

Interpreting: What resources does the group have the most? List resources people would like more. How would you develop greater amounts of resources you want more? What resources do you have that help others?

Youth Development Advisor

The Green Sheets

is the newsletter of the Santa Cruz 4-H County Council and the UC Cooperative Extension Office.

County Council Officers 2006-07

President - Dorothy Chittenden-Williams

Vice President - Greta Steinbruner

Treasurer - Randy Turnquist

Secretary - vacant

Staff

Lynn Schmitt-McQuitty

4-H Youth Development Advisor
lschmittmcquitty@ucdavis.edu

Heather Holmstadt

4-H Program Representative
haholmstadt@ucdavis.edu

**Deadline for newsletter articles:
3rd Thursday of each month**

Submissions may be sent to:

UC Cooperative Extension
4-H Program
1432 Freedom Blvd
Watsonville, CA 95076-2741

PHONE - (831) 763-8015

FAX - (831) 763-8006





4-H CALENDAR

January

8	New Leader Orientation	UCCE/4-H Auditorium	6:30 PM
15	MLK Jr. Holiday - Office Closed		
18	County Council Meeting	<i>Aptos Grange, 2555 Mar Vista Dr</i>	<i>7:00 PM</i>
18	Newsletter articles due	4-H Office	
22	New Leader Orientation	UCCE/4-H Auditorium	1:00 PM
26-28	LCORT	Wonder Valley Ranch	
29	New Leader Orientation	UCCE/4-H Auditorium	6:30 PM

February

15	County Council Meeting	<i>Aptos Grange, 2555 Mar Vista Dr</i>	<i>7:00 PM</i>
15	Newsletter articles due	4-H Office	
15	County Presentation Day registration due	4-H Office	
16-19	Snow Camp	Camp Sylvester	
19	Presidents' Day - Office Closed		

March

3	County Presentation Day	Corralitos Community Center	9:30 AM
15	County Council Meeting	<i>Aptos Grange, 2555 Mar Vista Dr</i>	<i>7:00 PM</i>
15	Newsletter articles due	4-H Office	
24	Tri-County Presentation Day	TBA	

**UNIVERSITY OF CALIFORNIA
COOPERATIVE EXTENSION
Santa Cruz County
1432 Freedom Blvd
Watsonville, CA 95076-2741**

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Important Information

**4-H Members, Leaders and Parents
PLEASE READ!!**



The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (covered veterans are special disabled veterans, recently separated veterans, Vietnam era veterans, or any other veterans who served on active duty during a war or in a campaign or expedition for which a campaign badge has been authorized) in any of its programs or activities. University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Staff Personnel Services Director, University of California, Agriculture and Natural Resources, 1111 Franklin Street, 6th Floor, Oakland, CA 94607, (510) 987-0096.